

## **Lesson 79 - Thank you for My Food**

### **Aim**

- \* To learn how important it is to thank God before we eat

### **Materials**

Story to read - "Let's Eat"

Picture cards of the story

Small pictures for children to cut-out and stick on paper in the correct order

glue stick

scissors

A4 white paper

### **Lesson Outline**

1. Introduction
2. Story - Do & Tell
3. Discussion
4. Activities - colour a picture, card game,
5. Review the aims
6. Prayer

.....

### **Introduction**

- \* Ask the children to bring their snack with them to the lesson.

\* Remind them about good manners and using words such as excuse me, please, thank you and sorry. Last lesson was about table manners and asking nicely when we eat. Today will again be about good manners when we eat.

### **Story & Discussion**

\* Discuss with the children about picnics. (*Do they like picnics? When did they last have one? Where did they go? What did they eat? Explain that today we are going to read a story about a picnic.*)

\* Read the story and look at the pictures. Don't just read every single word. Interact with the children.

Ask questions about the story. (*What is this family doing? Who did Marcus thank? Why did he thank each one? Why did Daddy thank God? Why should you thank God for your food?*)

\* Ask the children to show you how to pray (*hands together; close your eyes begin by saying Heavenly Father, end by saying. ...., Do they have special prayers at meal times? In the morning? At night?*)

**Activities**

- \* Act out the story
- \* Select four pictures from the story (numbers 1, 2, 9, and 10) that the children will later stick together on A4 paper. Ask them to explain what is happening, and put them in the correct order. Children stick four pictures together on A4 paper in the correct order
- \* Play the memory game using picture cards
- \* Retell the story by putting the picture cards in the correct order

**Prayer**

- \*Children say a prayer before eating their snack

**Conclusion**

- \* Remind children about how important it is to thank God before we eat

# Let's Eat!



- 1) "Let's eat!" said Markus. He started to open the picnic basket.
- 2) "Wait!" said Daddy. "I think we have forgotten something."
- 3) Markus looked around. There was the blanket. There was the picnic basket. There were Mummy and Daddy. And there was Marcus.
- 4) "What did we forget?" asked Marcus.  
"We forgot to DO something special," said Daddy.
- 5) "Mummy put the food in the basket," said Marcus.  
"Daddy drove us out here. And we all spread out the blanket."
- 6) "We forgot to thank someone," said Daddy.
- 7) "Thank you Mummy for making the picnic lunch," said Marcus.
- 8) "Thank you Daddy for bringing us here," said Marcus.
- 9) "And thank You, God, for giving us this wonderful picnic," Daddy prayed.
- 10) "Oh, we must remember to thank God," said Marcus.  
"Yes, we must," said Daddy. "And we did! Now we may eat." So they did.







# Let's Eat!



1

2

3

4



